

Food for Thought

Healthy eating is important for everyone. But just what foods give our bodies the fuel they need? In this project, students explore the science of nutrition; they also dive into the writing process as they plan, draft, revise, edit, and publish healthy recipe books.

The project concludes with a Friends and Family Feast where they share their creations with the community, then sell their recipe book in order to raise money for the Action for Healthy Kids charity.

Check out this complete project and others at

BlueAppleTeacher.org



FOR TEACHERS WHO WANT TO **STAND OUT**